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Product Details



Garden 7®

Flavor/Type	SKU	Label
90 Tablets	3272	Download

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

** Does not substitute for the fiber content and other nutritional and weight-loss benefits of fruits and vegetables in a diet such as increasing water content while reducing overall calorie content of meals.

Overview

Key Benefits

Eating enough fruits and vegetables? Get your daily 7 with Garden 7®.

- Supports the optimal health and function of vital organs.*
- Provides antioxidants equal to 1 cup red grapes, 3 oz. of cranberries, one orange, one tomato, ½ cup broccoli, ½ cup spinach, one carrot, and a clove of garlic.

Details

Usage

Consuming the recommended 7-9 servings of fruits and vegetables each day is difficult. Just one Garden 7® tablet three times a day helps fill the nutritional gaps in your diet by providing your body with the vital nutrition needed for optimal health.

Take one tablet three times a day to ensure you get powerful antioxidants from 7 colorful servings of fruits and vegetables every day.**

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